



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

von Iven, Katrin

Club: LSG Ascania Aschersleben
Number: 258

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 11:26:24

Speed: 8.76 km/h
Running performance: 6:51 min/km

Rank in course/Total: 44 (of 248)

Rank in course/Women: 4 (of 45)

Best time in course: 10:31:06

Rank in category: 2(of 11)

Best time in the category: 11:00:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	2:57:29	6:28	2	6:27	5	16:49	27.39	2:57:29	6:28	2	6:27	5	16:49
Floh-Seligenthal	27.74	3:02:01	6:33	2	11:32	5	13:28	55.13	5:59:30	6:31	2	17:59	5	30:17
Finsterbergen	22.03	2:40:21	7:16	2	6:20	4	11:52	77.16	8:39:51	6:44	2	24:19	4	42:09
Fröttstädt	23.06	2:46:33	7:13	2	1:51	4	20:06	100.22	11:26:24	6:50	2	26:10	4	55:18