



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Lücking, Markus

Club: Endorphinjunkies-Dortmund
Number: 233

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 11:39:07

Speed: 8.60 km/h
Running performance: 6:59 min/km

Rank in course/Total: 51 (of 248)

Rank in course/Men: 46 (of 203)

Best time in course: 8:37:32

Rank in category: 14(of 40)

Best time in the category: 9:31:18

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese | 27.39 | 2:58:30 | 6:31 | 9 | 24:40 | 38 | 31:01 | 27.39 | 2:58:30 | 6:31 | 9 | 24:40 | 38 | 31:01 |
| Floh-Seligenthal | 27.74 | 2:55:12 | 6:18 | 7 | 23:49 | 26 | 23:49 | 55.13 | 5:53:42 | 6:24 | 15 | 51:32 | 50 | 1:16:21 |
| Finsterbergen | 22.03 | 2:48:15 | 7:38 | 11 | 37:11 | 44 | 49:16 | 77.16 | 8:41:57 | 6:45 | 14 | 1:25:40 | 45 | 2:04:22 |
| Fröttstädt | 23.06 | 2:57:10 | 7:40 | 14 | 42:09 | 52 | 57:13 | 100.22 | 11:39:07 | 6:58 | 14 | 2:07:49 | 46 | 3:01:35 |