



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Lücking, Markus

Club: Endorphinjunkies-Dortmund
Number: 233

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 11:39:07

Speed: 8.58 km/h
Running performance: 6:59 min/km

Rank in course/Total: 51 (of 248)

Rank in course/Men: 46 (of 203)

Best time in course: 8:37:32

Rank in category: 14(of 40)

Best time in the category: 9:31:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:58:30	6:31	9	24:40	38	31:01	27.39	2:58:30	6:31	9	24:40	38	31:01
Floh-Seligenthal	27.74	2:55:12	6:18	7	23:49	26	23:49	55.13	5:53:42	6:24	15	51:32	50	1:16:21
Finsterbergen	22.03	2:48:15	7:38	11	37:11	44	49:16	77.16	8:41:57	6:45	14	1:25:40	45	2:04:22
Fröttstädt	23.06	2:57:10	7:40	14	42:09	52	57:13	100.22	11:39:07	6:58	14	2:07:49	46	3:01:35