



Detailed evaluation

Bilek, Marcel

Club: Lauffeuer Fröttstädt e.V.
Number: 177

Course: 100.22 km
100 Kilometer

Category:
Senioren M30 (30-34 Jahre)

Total time: 11:45:00

Speed: 8.51 km/h
Running performance: 7:02 min/km

Rank in course/Total: 53 (of 248)

Rank in course/Men: 48 (of 203)

Best time in course: 8:37:32

Rank in category: 6(of 7)

Best time in the category: 10:08:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	fehlt!	-	-	-	-	-	27.39	-	-	-	-	-	-
Floh-Seligenthal	27.74	5:55:33	12:49	7	3:06:33	198	3:24:10	55.13	5:55:33	6:26	6	46:02	52	1:18:12
Finsterbergen	22.03	2:44:06	7:26	5	22:52	37	45:07	77.16	8:39:39	6:44	6	1:00:10	43	2:02:04
Fröttstädt	23.06	3:05:21	8:02	6	45:13	72	1:05:24	100.22	11:45:00	7:02	6	1:36:06	48	3:07:28