



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Knefel, Günter

Club: Füchse Berlin
Number: 75

Course: 100.22 km
100 Kilometer

Category:
Senioren M65 (65-69 Jahre)

Total time: 11:57:18

Speed: 8.38 km/h
Running performance: 7:10 min/km

Rank in course/Total: 58 (of 248)

Rank in course/Men: 52 (of 203)

Best time in course: 8:37:32

Rank in category: 1(of 2)

Best time in the category: 11:57:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:13:14	7:03	1	-	73	45:45	27.39	3:13:14	7:03	1	-	73	45:45
Floh-Seligenthal	27.74	2:59:33	6:28	1	-	32	28:10	55.13	6:12:47	6:45	1	-	72	1:35:26
Finsterbergen	22.03	2:44:42	7:28	1	-	38	45:43	77.16	8:57:29	6:57	1	-	57	2:19:54
Fröttstädt	23.06	2:59:49	7:47	1	-	57	59:52	100.22	11:57:18	7:09	1	-	52	3:19:46