



12. thüringenULTRA  
Fröttstädt / 07.07.2018

Detailed evaluation

Dietz, Ralph

Club: Team Deutschland  
Number: 17

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 12:03:03

Speed: 8.32 km/h  
Running performance: 7:13 min/km

Rank in course/Total: 59 (of 248)

Rank in course/Men: 53 (of 203)

Best time in course: 8:37:32

Rank in category: 7(of 41)

Best time in the category: 9:58:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Glasbachwiese	27.39	fehlt!	-	-	-	-	-	27.39	-	-	-	-	-	-	-
Floh-Seligenthal	27.74	5:36:08	12:07	40	2:59:31	195	3:04:45	55.13	5:36:08	6:05	5	23:40	33	58:47	
Finsterbergen	22.03	2:59:01	8:07	11	38:30	75	1:00:02	77.16	8:35:09	6:40	6	1:01:06	40	1:57:34	
Fröttstädt	23.06	3:27:54	9:00	18	1:03:20	115	1:27:57	100.22	12:03:03	7:12	7	2:04:26	53	3:25:31	