



Detailed evaluation

Stader, Claudia

Club: Team Campana
Number: 249

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 12:06:00

Speed: 8.28 km/h
Running performance: 7:14 min/km

Rank in course/Total: 64 (of 248)

Rank in course/Women: 8 (of 45)

Best time in course: 10:31:06

Rank in category: 2(of 14)

Best time in the category: 10:31:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
Glasbachwiese	27.39	3:13:36	7:04	4	32:56	12	32:56	27.39	3:13:36	7:04	4	32:56	12	32:56
Floh-Seligenthal	27.74	3:08:26	6:47	2	19:53	8	19:53	55.13	6:22:02	6:55	3	52:49	11	52:49
Finsterbergen	22.03	2:42:18	7:22	2	13:49	5	13:49	77.16	9:04:20	7:03	2	1:06:38	7	1:06:38
Fröttstädt	23.06	3:01:40	7:52	2	28:16	8	35:13	100.22	12:06:00	7:14	2	1:34:54	8	1:34:54