



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Fanslau, Thomas

Club: Berlin
Number: 191

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:18:49

Speed: 8.14 km/h
Running performance: 7:22 min/km

Rank in course/Total: 69 (of 248)

Rank in course/Men: 61 (of 203)

Best time in course: 8:37:32

Rank in category: 16(of 40)

Best time in the category: 9:31:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:02:39	6:40	13	28:49	49	35:10	27.39	3:02:39	6:40	13	28:49	49	35:10
Floh-Seligenthal	27.74	3:02:46	6:35	12	31:23	43	31:23	55.13	6:05:25	6:37	18	1:03:15	62	1:28:04
Finsterbergen	22.03	3:03:02	8:18	23	51:58	85	1:04:03	77.16	9:08:27	7:06	17	1:52:10	63	2:30:52
Fröttstädt	23.06	3:10:22	8:15	20	55:21	84	1:10:25	100.22	12:18:49	7:22	16	2:47:31	61	3:41:17