



12. thüringenULTRA

Fröttstädt / 07.07.2018

Detailed evaluation

Thomas, Dirk

Club: Eisenach
Number: 229

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 9:31:18

Speed: 10.53 km/h
Running performance: 5:42 min/km

Rank in course/Total: 5 (of 248)

Rank in course/Men: 5 (of 203)

Best time in course: 8:37:32

Rank in category: 1(of 40)

Best time in the category: 9:31:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:33:50	5:36	1	-	3	6:21	27.39	2:33:50	5:36	1	-	3	6:21
Floh-Seligenthal	27.74	2:31:23	5:27	1	-	1	-	55.13	5:05:13	5:32	3	3:03	9	27:52
Finsterbergen	22.03	2:11:04	5:56	1	-	4	12:05	77.16	7:16:17	5:39	1	-	6	38:42
Fröttstädt	23.06	2:15:01	5:51	1	-	5	15:04	100.22	9:31:18	5:42	1	-	5	53:46