



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Karthaus, Steef

Club: Rijnsburg
Number: 65

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:24:31

Speed: 8.06 km/h
Running performance: 7:26 min/km

Rank in course/Total: 75 (of 248)

Rank in course/Men: 65 (of 203)

Best time in course: 8:37:32

Rank in category: 17(of 40)

Best time in the category: 9:31:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:59:29	6:33	11	25:39	41	32:00	27.39	2:59:29	6:33	11	25:39	41	32:00
Floh-Seligenthal	27.74	3:02:15	6:34	10	30:52	40	30:52	55.13	6:01:44	6:33	17	59:34	56	1:24:23
Finsterbergen	22.03	3:14:42	8:50	28	1:03:38	111	1:15:43	77.16	9:16:26	7:12	19	2:00:09	71	2:38:51
Fröttstädt	23.06	3:08:05	8:09	19	53:04	79	1:08:08	100.22	12:24:31	7:25	17	2:53:13	65	3:46:59