



## Detailed evaluation

### Stammer, Uwe

Club: Blau-Weiss-Hettstedt  
Number: 182

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M40 (40-44 Jahre)

Total time: 12:34:21

Speed: 7.97 km/h  
Running performance: 7:32 min/km

Rank in course/Total: 87 (of 248)

Rank in course/Men: 76 (of 203)

Best time in course: 8:37:32

Rank in category: 9(of 25)

Best time in the category: 8:37:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:18:06	7:13	15	42:14	87	50:37	27.39	3:18:06	7:13	15	42:14	87	50:37
Floh-Seligenthal	27.74	3:15:49	7:03	11	38:28	68	44:26	55.13	6:33:55	7:08	14	1:55:19	96	1:56:34
Finsterbergen	22.03	2:55:02	7:56	7	56:03	59	56:03	77.16	9:28:57	7:22	10	2:51:22	83	2:51:22
Fröttstädt	23.06	3:05:24	8:02	8	1:05:27	74	1:05:27	100.22	12:34:21	7:31	9	3:56:49	76	3:56:49