



12. thüringenULTRA
Fröttstädt / 07.07.2018

Detailed evaluation

Balzk, Harald

Club: 100%ig!
Number: 210

Course: 100.22 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 12:34:57

Speed: 7.95 km/h
Running performance: 7:32 min/km

Rank in course/Total: 90 (of 248)

Rank in course/Men: 79 (of 203)

Best time in course: 8:37:32

Rank in category: 2(of 13)

Best time in the category: 12:31:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:29:34	7:39	5	34:12	120	1:02:05	27.39	3:29:34	7:39	5	34:12	120	1:02:05
Floh-Seligenthal	27.74	3:16:13	7:04	2	3:46	71	44:50	55.13	6:45:47	7:21	3	37:58	112	2:08:26
Finsterbergen	22.03	2:49:46	7:42	1	-	45	50:47	77.16	9:35:33	7:27	2	17:35	92	2:57:58
Fröttstädt	23.06	2:59:24	7:46	1	-	53	59:27	100.22	12:34:57	7:31	2	3:44	79	3:57:25