



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

Detailed evaluation

Schneider, Cassandra

Club: USV Jena

Total time: 32:47

Running performance: 11:18 min/km

Course: 2.90 km / 11 Controls

Category:

D-14

Rank in category: 3(of 4)

Best time in the category: 31:11

Behind: 1:36

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (66) | 2:24 | 1 | - | - | 2:24 | 1 | - | - |
| 2 (47) | 3:01 | 2 | 0:23 | 14.6 | 5:25 | 2 | 0:02 | 0.6 |
| 3 (207) | 1:26 | 1 | - | - | 6:51 | 1 | - | - |
| 4 (60) | 1:39 | 2 | 0:13 | 15.1 | 8:30 | 2 | 0:05 | 1.0 |
| 5 (66) | 2:41 | 2 | 0:09 | 5.9 | 11:11 | 2 | 0:14 | 2.1 |
| 6 (55) | 7:59 | 4 | 7:59 | - | 19:10 | 2 | 4:48 | 33.4 |
| 7 (202) | 2:59 | 3 | 2:59 | - | 22:09 | 3 | 5:25 | 32.4 |
| 8 (70) | 3:38 | 3 | 3:38 | - | 25:47 | 3 | 4:26 | 20.8 |
| 9 (66) | 3:07 | 1 | - | - | 28:54 | 3 | 4:02 | 16.2 |
| 10 (69) | 2:05 | 1 | - | - | 30:59 | 3 | 1:25 | 4.8 |
| 11 (100) | 1:27 | 3 | 0:33 | 61.1 | 32:26 | 3 | 1:40 | 5.4 |
| Finish | 0:21 | 1 | - | - | 32:47 | 3 | 1:36 | 5.1 |