



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

Detailed evaluation

Schneider, Cassandra

Club: USV Jena

Total time: 32:47

Running performance: 11:18 min/km

Course: 2.90 km / 11 Controls

Category:

D-14

Rank in category: 3(of 4)

Best time in the category: 31:11

Behind: 1:36

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (66)	2:24	1	-	-	2:24	1	-	-
2 (47)	3:01	2	0:23	14.6	5:25	2	0:02	0.6
3 (207)	1:26	1	-	-	6:51	1	-	-
4 (60)	1:39	2	0:13	15.1	8:30	2	0:05	1.0
5 (66)	2:41	2	0:09	5.9	11:11	2	0:14	2.1
6 (55)	7:59	4	7:59	-	19:10	2	4:48	33.4
7 (202)	2:59	3	2:59	-	22:09	3	5:25	32.4
8 (70)	3:38	3	3:38	-	25:47	3	4:26	20.8
9 (66)	3:07	1	-	-	28:54	3	4:02	16.2
10 (69)	2:05	1	-	-	30:59	3	1:25	4.8
11 (100)	1:27	3	0:33	61.1	32:26	3	1:40	5.4
Finish	0:21	1	-	-	32:47	3	1:36	5.1