



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

## Detailed evaluation

Lösch, Sören

Club: USV Jena

Total time: 40:36

Running performance: 5:20 min/km

Course: 7.60 km / 24 Controls

Category:

Herren ab 21

Rank in category: 1(of 7)

Best time in the category: 40:36

Behind: -

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (57)	1:34	2	0:02	2.2	1:34	2	0:02	2.2
2 (39)	1:52	2	0:01	0.9	3:26	2	0:03	1.5
3 (51)	1:52	4	1:52	-	5:18	3	5:18	-
4 (44)	1:08	1	-	-	6:26	1	-	-
5 (39)	2:01	4	2:01	-	8:27	1	-	-
6 (40)	0:39	1	-	-	9:06	1	-	-
7 (52)	2:23	3	2:23	-	11:29	1	-	-
8 (70)	0:57	1	-	-	12:26	1	-	-
9 (39)	2:47	3	0:24	16.8	15:13	1	-	-
10 (67)	5:32	1	-	-	20:45	1	-	-
11 (68)	0:49	1	-	-	21:34	1	-	-
12 (74)	1:51	4	1:51	-	23:25	1	-	-
13 (56)	2:08	3	2:08	-	25:33	1	-	-
14 (71)	0:51	1	-	-	26:24	1	-	-
15 (67)	1:40	1	-	-	28:04	1	-	-
16 (58)	1:34	1	-	-	29:38	1	-	-
17 (73)	0:32	1	-	-	30:10	1	-	-
18 (67)	1:39	1	-	-	31:49	1	-	-
19 (72)	1:14	2	0:02	2.8	33:03	1	-	-
20 (48)	2:30	1	-	-	35:33	1	-	-
21 (35)	1:05	1	-	-	36:38	1	-	-
22 (34)	1:13	1	-	-	37:51	1	-	-
23 (33)	1:20	1	-	-	39:11	1	-	-
24 (100)	1:09	1	-	-	40:20	1	-	-
Finish	0:16	1	-	-	40:36	1	-	-