



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

## Detailed evaluation

**Medyukhina, Anna**

Club: USV Jena

Total time: 49:18

Running performance: 9:51 min/km

Course: 5.00 km / 19 Controls

Category:

Damen ab 21

Rank in category: 1(of 1)

Best time in the category: 49:18

Behind: -

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (47)	2:18	1	-	-	2:18	1	-	-
2 (70)	1:18	1	-	-	3:36	1	-	-
3 (44)	2:01	1	-	-	5:37	1	-	-
4 (40)	3:55	1	-	-	9:32	1	-	-
5 (39)	1:25	1	-	-	10:57	1	-	-
6 (57)	3:45	1	-	-	14:42	1	-	-
7 (70)	4:07	1	-	-	18:49	1	-	-
8 (52)	1:36	1	-	-	20:25	1	-	-
9 (202)	3:02	1	-	-	23:27	1	-	-
10 (38)	4:16	1	-	-	27:43	1	-	-
11 (34)	1:40	1	-	-	29:23	1	-	-
12 (70)	2:37	1	-	-	32:00	1	-	-
13 (54)	3:45	1	-	-	35:45	1	-	-
14 (67)	2:17	1	-	-	38:02	1	-	-
15 (62)	1:33	1	-	-	39:35	1	-	-
16 (72)	1:15	1	-	-	40:50	1	-	-
17 (65)	4:53	1	-	-	45:43	1	-	-
18 (69)	2:23	1	-	-	48:06	1	-	-
19 (100)	0:51	1	-	-	48:57	1	-	-
Finish	0:21	1	-	-	49:18	1	-	-