



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

Detailed evaluation

Medyukhina, Anna

Club: USV Jena

Total time: 49:18

Running performance: 9:51 min/km

Course: 5.00 km / 19 Controls

Category:

Damen ab 21

Rank in category: 1(of 1)

Best time in the category: 49:18

Behind: -

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (47) | 2:18 | 1 | - | - | 2:18 | 1 | - | - |
| 2 (70) | 1:18 | 1 | - | - | 3:36 | 1 | - | - |
| 3 (44) | 2:01 | 1 | - | - | 5:37 | 1 | - | - |
| 4 (40) | 3:55 | 1 | - | - | 9:32 | 1 | - | - |
| 5 (39) | 1:25 | 1 | - | - | 10:57 | 1 | - | - |
| 6 (57) | 3:45 | 1 | - | - | 14:42 | 1 | - | - |
| 7 (70) | 4:07 | 1 | - | - | 18:49 | 1 | - | - |
| 8 (52) | 1:36 | 1 | - | - | 20:25 | 1 | - | - |
| 9 (202) | 3:02 | 1 | - | - | 23:27 | 1 | - | - |
| 10 (38) | 4:16 | 1 | - | - | 27:43 | 1 | - | - |
| 11 (34) | 1:40 | 1 | - | - | 29:23 | 1 | - | - |
| 12 (70) | 2:37 | 1 | - | - | 32:00 | 1 | - | - |
| 13 (54) | 3:45 | 1 | - | - | 35:45 | 1 | - | - |
| 14 (67) | 2:17 | 1 | - | - | 38:02 | 1 | - | - |
| 15 (62) | 1:33 | 1 | - | - | 39:35 | 1 | - | - |
| 16 (72) | 1:15 | 1 | - | - | 40:50 | 1 | - | - |
| 17 (65) | 4:53 | 1 | - | - | 45:43 | 1 | - | - |
| 18 (69) | 2:23 | 1 | - | - | 48:06 | 1 | - | - |
| 19 (100) | 0:51 | 1 | - | - | 48:57 | 1 | - | - |
| Finish | 0:21 | 1 | - | - | 49:18 | 1 | - | - |