



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

Detailed evaluation

Jackisch, Sabine

Club: SV TU Ilmenau

Total time: 40:43

Running performance: 9:55 min/km

Course: 4.10 km / 15 Controls

Category:

Damen ab 35

Rank in category: 1(of 1)

Best time in the category: 40:43

Behind: -

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (41)	1:52	1	-	-	1:52	1	-	-
2 (70)	1:39	1	-	-	3:31	1	-	-
3 (208)	2:22	1	-	-	5:53	1	-	-
4 (51)	2:15	1	-	-	8:08	1	-	-
5 (39)	3:47	1	-	-	11:55	1	-	-
6 (57)	3:45	1	-	-	15:40	1	-	-
7 (70)	4:46	1	-	-	20:26	1	-	-
8 (52)	1:54	1	-	-	22:20	1	-	-
9 (43)	2:02	1	-	-	24:22	1	-	-
10 (38)	4:00	1	-	-	28:22	1	-	-
11 (34)	1:38	1	-	-	30:00	1	-	-
12 (70)	2:53	1	-	-	32:53	1	-	-
13 (35)	4:12	1	-	-	37:05	1	-	-
14 (69)	1:59	1	-	-	39:04	1	-	-
15 (100)	1:14	1	-	-	40:18	1	-	-
Finish	0:25	1	-	-	40:43	1	-	-