



Thüringer Ranglistenlauf Langstrecke
Erfurt / 21.10.2018

Detailed evaluation

Schönfeld, Ute

Club: SV TU Ilmenau

Total time: 39:29

Running performance: 11:57 min/km

Course: 3.30 km / 12 Controls

Category:

Damen ab 45

Rank in category: 3(of 9)

Best time in the category: 35:31

Behind: 3:58

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (201)	1:49	1	-	-	1:49	1	-	-
2 (46)	1:28	2	0:04	4.8	3:17	1	-	-
3 (39)	3:45	6	3:45	-	7:02	1	-	-
4 (40)	3:16	3	0:57	41.0	10:18	1	-	-
5 (44)	4:42	6	4:42	-	15:00	2	0:18	2.0
6 (201)	3:05	2	0:35	23.3	18:05	1	-	-
7 (38)	4:21	6	4:21	-	22:26	3	22:26	-
8 (42)	2:42	1	-	-	25:08	3	25:08	-
9 (52)	3:25	4	3:25	-	28:33	3	28:33	-
10 (47)	6:20	6	6:20	-	34:53	4	34:53	-
11 (201)	2:33	1	-	-	37:26	4	4:08	12.4
12 (100)	1:39	1	-	-	39:05	3	4:00	11.4
Finish	0:24	2	0:02	9.1	39:29	3	3:58	11.2