



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

## Detailed evaluation

Heinert, Eileen

Club: OLV Weimar

Total time: 22:39

Running performance: 14:09 min/km

Course: 1.60 km / 9 Controls

Category:

D-10

Rank in category: 2(of 2)

Best time in the category: 22:16

Behind: 0:23

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (31)   | 1:01       | 1        | -           | -        | 1:01       | 1        | -           | -        |
| 2 (205)  | 8:33       | 1        | -           | -        | 9:34       | 2        | 9:34        | -        |
| 3 (210)  | 1:07       | 1        | -           | -        | 10:41      | 2        | 10:41       | -        |
| 4 (37)   | 0:47       | 1        | -           | -        | 11:28      | 2        | 11:28       | -        |
| 5 (31)   | 1:58       | 2        | 1:58        | -        | 13:26      | 2        | 13:26       | -        |
| 6 (207)  | 1:30       | 1        | -           | -        | 14:56      | 2        | 14:56       | -        |
| 7 (32)   | 2:16       | 2        | 2:16        | -        | 17:12      | 2        | 17:12       | -        |
| 8 (31)   | 1:03       | 2        | 1:03        | -        | 18:15      | 2        | 18:15       | -        |
| 9 (100)  | 4:00       | 2        | 4:00        | -        | 22:15      | 2        | 22:15       | -        |
| Finish   | 0:24       | 1        | -           | -        | 22:39      | 2        | 0:23        | 1.7      |