



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

## Detailed evaluation

Ritter, Anke

Club: SV TU Ilmenau

Total time: 25:30

Running performance: 10:37 min/km

Course: 2.40 km / 11 Controls

Category:

Damen ab 55

Rank in category: 1(of 7)

Best time in the category: 25:30

Behind: -

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (35)   | 1:51       | 3        | 0:23        | 26.1     | 1:51       | 3        | 0:23        | 26.1     |
| 2 (37)   | 2:04       | 1        | -           | -        | 3:55       | 2        | 0:17        | 7.8      |
| 3 (47)   | 1:57       | 1        | -           | -        | 5:52       | 2        | 0:10        | 2.9      |
| 4 (35)   | 2:02       | 1        | -           | -        | 7:54       | 1        | -           | -        |
| 5 (34)   | 2:38       | 1        | -           | -        | 10:32      | 1        | -           | -        |
| 6 (44)   | 2:57       | 3        | 2:57        | -        | 13:29      | 1        | -           | -        |
| 7 (70)   | 2:16       | 2        | 2:16        | -        | 15:45      | 2        | 15:45       | -        |
| 8 (35)   | 3:06       | 4        | 3:06        | -        | 18:51      | 2        | 18:51       | -        |
| 9 (33)   | 3:39       | 3        | 3:39        | -        | 22:30      | 2        | 22:30       | -        |
| 10 (59)  | 1:19       | 3        | 0:15        | 23.4     | 23:49      | 2        | 23:49       | -        |
| 11 (100) | 1:11       | 3        | 0:06        | 9.2      | 25:00      | 2        | 25:00       | -        |
| Finish   | 0:30       | 3        | 0:04        | 15.4     | 25:30      | 1        | -           | -        |