



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

Detailed evaluation

Ritter, Anke

Club: SV TU Ilmenau

Total time: 25:30

Running performance: 10:37 min/km

Course: 2.40 km / 11 Controls

Category:

Damen ab 55

Rank in category: 1(of 7)

Best time in the category: 25:30

Behind: -

Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (35) | 1:51 | 3 | 0:23 | 26.1 | 1:51 | 3 | 0:23 | 26.1 |
| 2 (37) | 2:04 | 1 | - | - | 3:55 | 2 | 0:17 | 7.8 |
| 3 (47) | 1:57 | 1 | - | - | 5:52 | 2 | 0:10 | 2.9 |
| 4 (35) | 2:02 | 1 | - | - | 7:54 | 1 | - | - |
| 5 (34) | 2:38 | 1 | - | - | 10:32 | 1 | - | - |
| 6 (44) | 2:57 | 3 | 2:57 | - | 13:29 | 1 | - | - |
| 7 (70) | 2:16 | 2 | 2:16 | - | 15:45 | 2 | 15:45 | - |
| 8 (35) | 3:06 | 4 | 3:06 | - | 18:51 | 2 | 18:51 | - |
| 9 (33) | 3:39 | 3 | 3:39 | - | 22:30 | 2 | 22:30 | - |
| 10 (59) | 1:19 | 3 | 0:15 | 23.4 | 23:49 | 2 | 23:49 | - |
| 11 (100) | 1:11 | 3 | 0:06 | 9.2 | 25:00 | 2 | 25:00 | - |
| Finish | 0:30 | 3 | 0:04 | 15.4 | 25:30 | 1 | - | - |