



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

Detailed evaluation

Lösch, Ute

Club: USV Jena

Total time: 28:17

Running performance: 11:47 min/km

Course: 2.40 km / 11 Controls

Category:

Damen ab 55

Rank in category: 3(of 7)

Best time in the category: 25:30

Behind: 2:47

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (35)	1:28	1	-	-	1:28	1	-	-
2 (37)	2:10	2	0:06	4.8	3:38	1	-	-
3 (47)	2:04	2	0:07	6.0	5:42	1	-	-
4 (35)	2:35	5	0:33	27.1	8:17	2	0:23	4.9
5 (34)	2:56	2	0:18	11.4	11:13	2	0:41	6.5
6 (44)	3:19	5	3:19	-	14:32	2	1:03	7.8
7 (70)	2:45	3	2:45	-	17:17	3	17:17	-
8 (35)	3:48	5	3:48	-	21:05	3	21:05	-
9 (33)	4:29	4	4:29	-	25:34	3	25:34	-
10 (59)	1:04	1	-	-	26:38	3	26:38	-
11 (100)	1:06	2	0:01	1.5	27:44	3	27:44	-
Finish	0:33	4	0:07	26.9	28:17	3	2:47	10.9