



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

Detailed evaluation

Günther, Isabel

Club: USV Jena

Total time: 37:55

Running performance: 15:47 min/km

Course: 2.40 km / 11 Controls

Category:

Damen ab 55

Rank in category: 5(of 7)

Best time in the category: 25:30

Behind: 12:25

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (35)	2:19	5	0:51	58.0	2:19	5	0:51	58.0
2 (34)	3:37	6	3:37	-	5:56	7	5:56	-
3 (44)	3:25	7	3:25	-	9:21	7	9:21	-
4 (70)	2:34	4	2:34	-	11:55	5	11:55	-
5 (35)	5:07	7	5:07	-	17:02	6	17:02	-
6 (37)	3:11	4	0:58	43.6	20:13	5	20:13	-
7 (47)	5:51	6	3:38	163.9	26:04	6	26:04	-
8 (35)	2:56	3	2:56	-	29:00	5	29:00	-
9 (33)	4:51	6	4:51	-	33:51	5	33:51	-
10 (59)	2:32	6	1:28	137.5	36:23	6	36:23	-
11 (100)	1:05	1	-	-	37:28	5	37:28	-
Finish	0:27	2	0:01	3.9	37:55	5	12:25	48.7