



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

## Detailed evaluation

Heinert, Nils

Club: OLV Weimar

Total time: 25:38

Running performance: 8:50 min/km

Course: 2.90 km / 12 Controls

Category:

H-14

Rank in category: 1(of 3)

Best time in the category: 25:38

Behind: -

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (66)	2:20	1	-	-	2:20	1	-	-
2 (47)	3:11	1	-	-	5:31	1	-	-
3 (207)	1:16	1	-	-	6:47	1	-	-
4 (207)	0:01	1	-	-	6:48	1	-	-
5 (60)	1:46	1	-	-	8:34	1	-	-
6 (66)	2:30	1	-	-	11:04	1	-	-
7 (55)	2:48	2	2:48	-	13:52	1	-	-
8 (202)	1:44	1	-	-	15:36	1	-	-
9 (70)	2:54	3	2:54	-	18:30	1	-	-
10 (66)	3:42	3	3:42	-	22:12	1	-	-
11 (69)	2:11	3	2:11	-	24:23	1	-	-
12 (100)	0:58	1	-	-	25:21	1	-	-
Finish	0:17	1	-	-	25:38	1	-	-