



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

Detailed evaluation

Tröße, Lutz

Club: SV TU Ilmenau

Total time: 28:56

Running performance: 12:03 min/km

Course: 2.40 km / 11 Controls

Category:

Herren ab 65

Rank in category: 2(of 3)

Best time in the category: 25:51

Behind: 3:05

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (35)	1:40	1	-	-	1:40	1	-	-
2 (37)	1:36	1	-	-	3:16	1	-	-
3 (47)	2:27	2	0:19	14.8	5:43	2	0:06	1.8
4 (35)	2:01	1	-	-	7:44	1	-	-
5 (34)	3:17	1	-	-	11:01	2	11:01	-
6 (44)	2:18	2	2:18	-	13:19	2	13:19	-
7 (70)	1:52	1	-	-	15:11	2	15:11	-
8 (35)	3:11	3	3:11	-	18:22	2	18:22	-
9 (33)	7:52	3	3:31	80.8	26:14	2	3:32	15.6
10 (59)	0:47	1	-	-	27:01	2	3:07	13.0
11 (100)	1:29	1	-	-	28:30	2	3:04	12.1
Finish	0:26	2	0:01	4.0	28:56	2	3:05	11.9