



Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

Detailed evaluation

Lösch, Christiane

Club: USV Jena

Total time: 47:20

Running performance: 12:47 min/km

Course: 3.70 km / 11 Controls

Category:

offen lang

Rank in category: 1(of 2)

Best time in the category: 47:20

Behind: -

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (66)	3:28	1	-	-	3:28	1	-	-
2 (47)	4:29	1	-	-	7:57	1	-	-
3 (72)	7:44	1	-	-	15:41	1	-	-
4 (67)	3:43	1	-	-	19:24	1	-	-
5 (66)	7:24	2	3:30	89.7	26:48	1	-	-
6 (55)	3:45	1	-	-	30:33	1	-	-
7 (202)	4:33	1	-	-	35:06	1	-	-
8 (70)	4:58	2	4:58	-	40:04	1	-	-
9 (66)	2:58	1	-	-	43:02	1	-	-
10 (69)	2:26	1	-	-	45:28	1	-	-
11 (100)	1:29	1	-	-	46:57	1	-	-
Finish	0:23	1	-	-	47:20	1	-	-