



Thüringer Ranglistenlauf Langstrecke
Erfurt / 21.10.2018

Detailed evaluation

Lichter, Liv-Greete

Club: USV Jena

Total time: 31:11

Running performance: 10:45 min/km

Course: 2.90 km / 11 Controls

Category:

D-14

Rank in category: 1(of 4)

Best time in the category: 31:11

Behind: -

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (66)	2:47	3	0:23	16.0	2:47	3	0:23	16.0
2 (55)	3:42	3	3:42	-	6:29	3	6:29	-
3 (202)	2:08	3	2:08	-	8:37	3	8:37	-
4 (70)	4:06	3	4:06	-	12:43	3	12:43	-
5 (66)	3:05	3	0:33	21.7	15:48	3	4:51	44.3
6 (47)	3:24	1	-	-	19:12	3	19:12	-
7 (207)	2:05	1	-	-	21:17	2	21:17	-
8 (60)	2:14	1	-	-	23:31	2	23:31	-
9 (66)	3:31	2	0:24	12.8	27:02	2	2:10	8.7
10 (69)	2:32	2	0:27	21.6	29:34	1	-	-
11 (100)	1:12	2	0:18	33.3	30:46	1	-	-
Finish	0:25	3	0:04	19.1	31:11	1	-	-