



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

## Detailed evaluation

Lindner, Norah

Club: USV Jena

Total time: 27:52

Running performance: 12:06 min/km

Course: 2.30 km / 12 Controls

Category:

D-12

Rank in category: 2(of 2)

Best time in the category: 27:37

Behind: 0:15

## Intermediate times

| Controls | Split Time | Pos Cat. | Behind Cat. | Behind % | Total Time | Pos Cat. | Behind Cat. | Behind % |
|----------|------------|----------|-------------|----------|------------|----------|-------------|----------|
| 1 (63)   | 3:09       | 1        | -           | -        | 3:09       | 1        | -           | -        |
| 2 (207)  | 2:09       | 1        | -           | -        | 5:18       | 1        | -           | -        |
| 3 (76)   | 1:20       | 1        | -           | -        | 6:38       | 1        | -           | -        |
| 4 (63)   | 2:40       | 2        | 2:40        | -        | 9:18       | 1        | -           | -        |
| 5 (205)  | 2:12       | 2        | 2:12        | -        | 11:30      | 2        | 11:30       | -        |
| 6 (204)  | 2:48       | 1        | -           | -        | 14:18      | 1        | -           | -        |
| 7 (203)  | 0:54       | 1        | -           | -        | 15:12      | 1        | -           | -        |
| 8 (64)   | 4:59       | 2        | 4:59        | -        | 20:11      | 2        | 20:11       | -        |
| 9 (37)   | 2:26       | 2        | 2:26        | -        | 22:37      | 2        | 22:37       | -        |
| 10 (63)  | 2:17       | 1        | -           | -        | 24:54      | 2        | 1:00        | 4.2      |
| 11 (36)  | 1:24       | 1        | -           | -        | 26:18      | 2        | 0:37        | 2.4      |
| 12 (100) | 1:14       | 1        | -           | -        | 27:32      | 2        | 0:15        | 0.9      |
| Finish   | 0:20       | 1        | -           | -        | 27:52      | 2        | 0:15        | 0.9      |