



# Thüringer Ranglistenlauf Langstrecke

Erfurt / 21.10.2018

## Detailed evaluation

Köcher, Luise

Club: USV Jena

Total time: 31:35

Running performance: - min/km

Category:

D-14

Rank in category: 2(of 4)

Best time in the category: 31:11

Behind: 0:24

## Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (66)	2:45	2	0:21	14.6	2:45	2	0:21	14.6
2 (47)	2:38	1	-	-	5:23	1	-	-
3 (207)	1:36	2	0:10	11.6	6:59	2	0:08	2.0
4 (60)	1:26	1	-	-	8:25	1	-	-
5 (66)	2:32	1	-	-	10:57	1	-	-
6 (55)	3:25	2	3:25	-	14:22	1	-	-
7 (202)	2:22	2	2:22	-	16:44	1	-	-
8 (70)	4:37	4	4:37	-	21:21	1	-	-
9 (66)	3:31	2	0:24	12.8	24:52	1	-	-
10 (69)	5:27	4	3:22	161.6	30:19	2	0:45	2.5
11 (100)	0:54	1	-	-	31:13	2	0:27	1.5
Finish	0:22	2	0:01	4.8	31:35	2	0:24	1.3