



TRL Lang Wölmisse Jena

Jena / 18.08.2018

Detailed evaluation

Friebe, Marion

Club: USV Jena

Total time: 55:04

Running performance: 15:44 min/km

Course: 3.50 km / 10 Controls

Category:

D45

Rank in category: 4(of 9)

Best time in the category: 47:05

Behind: 7:59

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (80)	4:21	2	0:20	8.3	4:21	2	0:20	8.3
2 (87)	5:51	4	1:01	21.0	10:12	2	0:01	0.2
3 (96)	11:45	2	0:57	8.8	21:57	1	-	-
4 (93)	7:27	8	2:16	43.7	29:24	1	-	-
5 (94)	3:18	6	0:48	32.0	32:42	2	0:43	2.2
6 (84)	9:11	6	4:02	78.3	41:53	3	4:45	12.8
7 (97)	1:27	5	0:23	35.9	43:20	3	3:00	7.4
8 (73)	2:59	6	0:33	22.6	46:19	3	3:25	8.0
9 (78)	5:37	9	3:37	180.8	51:56	4	7:02	15.7
10 (100)	2:39	9	1:08	74.7	54:35	4	7:55	17.0
Finish	0:29	7	0:09	45.0	55:04	4	7:59	17.0