



Detailed evaluation

Bombien, Frank

Club: OLV Weimar

Total time: 1:10:43

Running performance: 11:24 min/km

Course: 6.20 km / 10 Controls

Category:

H45

Rank in category: 5(of 10)

Best time in the category: 47:54

Behind: 22:49

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (95)	5:46	6	1:36	38.4	5:46	6	1:36	38.4
2 (87)	6:25	6	2:55	83.3	12:11	5	4:31	58.9
3 (88)	9:13	4	2:38	40.0	21:24	5	7:09	50.2
4 (91)	4:47	7	1:55	66.9	26:11	5	9:04	53.0
5 (90)	3:36	8	1:46	96.4	29:47	5	10:50	57.2
6 (72)	20:07	5	4:41	30.4	49:54	5	15:31	45.1
7 (92)	3:30	7	0:54	34.6	53:24	5	16:25	44.4
8 (94)	5:53	6	2:07	56.2	59:17	5	18:32	45.5
9 (81)	5:22	6	1:56	56.3	1:04:39	5	20:28	46.3
10 (100)	5:43	7	2:20	69.0	1:10:22	5	22:48	47.9
Finish	0:21	5	0:04	23.5	1:10:43	5	22:49	47.6