



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHELER, Christian

Club: SV Creaton Großgotttern
Number: 1173

Course: 5.00 km
5 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 25:44

Speed: 11.66 km/h
Running performance: 5:09 min/km

Rank in course/Total: 54 (of 232)

Rank in course/Men: 41 (of 136)

Best time in course: 18:55

Rank in category: 2(of 11)

Best time in the category: 25:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:20	4:40	4	0:16	44	0:47	0.50	2:20	4:40	4	0:16	44	0:47
Lap 2	4.00	20:59	5:14	2	0:46	39	5:28	4.50	23:19	5:10	2	0:24	36	6:15
Last lap Finish	0.50	2:25	4:49	3	0:07	58	0:35	5.00	25:44	5:08	2	0:31	41	6:49