



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Wurschi, Anja

Club: Bad Langensalza
Number: 1233

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 27:30
Speed: 10.91 km/h
Running performance: 5:30 min/km
Rank in course/Total: 90 (of 232)
Rank in course/Women: 17 (of 96)
Best time in course: 20:57
Rank in category: 2(of 13)
Best time in the category: 25:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:47	5:33	6	0:35	48	1:02	0.50	2:47	5:33	6	0:35	48	1:02
Lap 2	4.00	22:13	5:33	2	1:30	16	5:04	4.50	25:00	5:33	2	2:05	17	6:03
Last lap Finish	0.50	2:30	5:00	2	0:01	15	0:30	5.00	27:30	5:30	2	2:06	17	6:33