



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

GOEDECKE, Justin

Club: Illeben
Number: 1072

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 27:11

Speed: 11.04 km/h
Running performance: 5:26 min/km

Rank in course/Total: 75 (of 232)

Rank in course/Men: 60 (of 136)

Best time in course: 18:55

Rank in category: 13(of 25)

Best time in the category: 22:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:39	5:17	16	0:52	75	1:06	0.50	2:39	5:17	16	0:52	75	1:06
Lap 2	4.00	22:16	5:33	13	3:54	66	6:45	4.50	24:55	5:32	13	4:35	64	7:51
Last lap Finish	0.50	2:16	4:31	11	0:26	37	0:26	5.00	27:11	5:26	13	4:44	60	8:16