



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Boß, Johannes

Club: VR Bank
Number: 1217

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 27:29

Speed: 10.92 km/h
Running performance: 5:30 min/km

Rank in course/Total: 87 (of 232)

Rank in course/Men: 71 (of 136)

Best time in course: 18:55

Rank in category: 6(of 8)

Best time in the category: 21:51

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:30	5:00	5	0:45	55	0:57	0.50	2:30	5:00	5	0:45	55	0:57
Lap 2	4.00	22:32	5:38	6	4:29	74	7:01	4.50	25:02	5:33	6	5:14	71	7:58
Last lap Finish	0.50	2:27	4:54	6	0:24	65	0:37	5.00	27:29	5:29	6	5:38	71	8:34