



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

FISCHER, Christian

Club: Galek & Kowald
Number: 1062

Course: 5.00 km
5 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 27:12
Speed: 11.03 km/h
Running performance: 5:26 min/km
Rank in course/Total: 76 (of 232)
Rank in course/Men: 61 (of 136)
Best time in course: 18:55
Rank in category: 4(of 9)
Best time in the category: 19:36

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:41	5:21	5	1:02	81	1:08	0.50	2:41	5:21	5	1:02	81	1:08
Lap 2	4.00	22:22	5:35	5	6:18	68	6:51	4.50	25:03	5:33	5	7:20	73	7:59
Last lap Finish	0.50	2:09	4:17	2	0:16	23	0:19	5.00	27:12	5:26	4	7:36	61	8:17