



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

DITTRICH, Andre´

Club: Diroba GmbH & Co.KG
Number: 1038

Course: 5.00 km
5 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 27:23
Speed: 10.96 km/h
Running performance: 5:29 min/km
Rank in course/Total: 81 (of 232)
Rank in course/Men: 66 (of 136)
Best time in course: 18:55
Rank in category: 5(of 11)
Best time in the category: 25:13

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:38	5:15	7	0:34	70	1:05	0.50	2:38	5:15	7	0:34	70	1:05
Lap 2	4.00	22:18	5:34	5	2:05	67	6:47	4.50	24:56	5:32	5	2:01	65	7:52
Last lap Finish	0.50	2:27	4:54	4	0:09	65	0:37	5.00	27:23	5:28	5	2:10	66	8:28