



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

SETZEPFANDT, Stefan

Club: Fahrdienst Gary  
Number: 1042

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 27:55

Speed: 10.75 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 97 (of 232)

Rank in course/Men: 78 (of 136)

Best time in course: 18:55

Rank in category: 6(of 9)

Best time in the category: 19:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:38	5:15	4	0:59	70	1:05	0.50	2:38	5:15	4	0:59	70	1:05
Lap 2	4.00	22:29	5:37	6	6:25	72	6:58	4.50	25:07	5:34	6	7:24	75	8:03
Last lap Finish	0.50	2:48	5:35	7	0:55	102	0:58	5.00	27:55	5:35	6	8:19	78	9:00