



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Wappler, Thomas

Club: Gotha
Number: 1224

Course: 5.00 km
5 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 27:15

Speed: 11.01 km/h
Running performance: 5:27 min/km

Rank in course/Total: 79 (of 232)

Rank in course/Men: 64 (of 136)

Best time in course: 18:55

Rank in category: 5(of 9)

Best time in the category: 19:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:58	5:56	7	1:19	104	1:25	0.50	2:58	5:56	7	1:19	104	1:25
Lap 2	4.00	21:50	5:27	4	5:46	57	6:19	4.50	24:48	5:30	4	7:05	61	7:44
Last lap Finish	0.50	2:27	4:54	5	0:34	65	0:37	5.00	27:15	5:27	5	7:39	64	8:20