



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Schött, Mario

Club: AV Stau Blankenburg
Number: 1229

Course: 5.00 km
5 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 28:33

Speed: 10.51 km/h
Running performance: 5:43 min/km

Rank in course/Total: 100 (of 232)

Rank in course/Men: 79 (of 136)

Best time in course: 18:55

Rank in category: 8(of 11)

Best time in the category: 25:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:04	4:08	1	-	27	0:31	0.50	2:04	4:08	1	-	27	0:31
Lap 2	4.00	23:46	5:56	8	3:33	81	8:15	4.50	25:50	5:44	8	2:55	79	8:46
Last lap Finish	0.50	2:43	5:26	7	0:25	93	0:53	5.00	28:33	5:42	8	3:20	79	9:38