



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

**HIESE, Felix**

Club: SLG Bad Langensalza  
Number: 1165

Course: 5.00 km  
5 km - Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 30:00

Speed: 10.00 km/h  
Running performance: 6:00 min/km

Rank in course/Total: 131 (of 232)

Rank in course/Men: 95 (of 136)

Best time in course: 18:55

Rank in category: 17(of 25)

Best time in the category: 22:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:34	5:08	13	0:47	62	1:01	0.50	2:34	5:08	13	0:47	62	1:01
Lap 2	4.00	24:55	6:13	18	6:33	97	9:24	4.50	27:29	6:06	16	7:09	92	10:25
Last lap Finish	0.50	2:31	5:01	18	0:41	81	0:41	5.00	30:00	6:00	17	7:33	95	11:05