



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SELLE, Georg

Club: Schwimmverein MHL
Number: 1161

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 29:54

Speed: 10.03 km/h
Running performance: 5:59 min/km

Rank in course/Total: 129 (of 232)

Rank in course/Men: 93 (of 136)

Best time in course: 18:55

Rank in category: 16(of 25)

Best time in the category: 22:27

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:49	5:38	20	1:02	94	1:16	0.50	2:49	5:38	20	1:02	94	1:16
Lap 2	4.00	24:51	6:12	17	6:29	94	9:20	4.50	27:40	6:08	17	7:20	95	10:36
Last lap Finish	0.50	2:14	4:28	9	0:24	32	0:24	5.00	29:54	5:58	16	7:27	93	10:59