



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

REINLÄNDER, Jürgen

Club: Hobby  
Number: 1068

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 31:05

Speed: 9.65 km/h  
Running performance: 6:13 min/km

Rank in course/Total: 156 (of 232)

Rank in course/Men: 104 (of 136)

Best time in course: 18:55

Rank in category: 2(of 4)

Best time in the category: 24:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:58	5:56	3	1:07	104	1:25	0.50	2:58	5:56	3	1:07	104	1:25
Lap 2	4.00	25:18	6:19	2	4:59	105	9:47	4.50	28:16	6:16	2	6:06	105	11:12
Last lap Finish	0.50	2:49	5:38	2	0:27	103	0:59	5.00	31:05	6:13	2	6:33	104	12:10