



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

WOLLENHAUPT, Patrizia

Club: RFV Drei Tannen Zimmern e.V.
Number: 1092

Course: 5.00 km
5 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 32:39
Speed: 9.19 km/h
Running performance: 6:32 min/km
Rank in course/Total: 178 (of 232)
Rank in course/Women: 63 (of 96)
Best time in course: 20:57
Rank in category: 5(of 8)
Best time in the category: 23:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:58	5:56	5	1:09	57	1:13	0.50	2:58	5:56	5	1:09	57	1:13
Lap 2	4.00	26:42	6:40	5	7:38	62	9:33	4.50	29:40	6:35	5	8:47	62	10:43
Last lap Finish	0.50	2:59	5:58	5	0:41	65	0:59	5.00	32:39	6:31	5	9:28	63	11:42