



3Türmelauf  
Bad Langensalza / 22.04.2018

Detailed evaluation

THOMALLA, Martin

Club: Diroba GmbH & Co.KG  
Number: 1035

Course: 5.00 km  
5 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 32:16  
Speed: 9.30 km/h  
Running performance: 6:27 min/km  
Rank in course/Total: 174 (of 232)  
Rank in course/Men: 114 (of 136)  
Best time in course: 18:55  
Rank in category: 8(of 9)  
Best time in the category: 19:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:45	5:30	6	1:06	87	1:12	0.50	2:45	5:30	6	1:06	87	1:12
Lap 2	4.00	26:11	6:32	8	10:07	109	10:40	4.50	28:56	6:25	8	11:13	111	11:52
Last lap Finish	0.50	3:20	6:40	8	1:27	128	1:30	5.00	32:16	6:27	8	12:40	114	13:21