



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHMÄHLING, Jens

Club: 70 Liter
Number: 1002

Course: 5.00 km
5 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 33:28
Speed: 8.96 km/h
Running performance: 6:41 min/km
Rank in course/Total: 187 (of 232)
Rank in course/Men: 118 (of 136)
Best time in course: 18:55
Rank in category: 5(of 5)
Best time in the category: 25:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	3:17	6:33	5	1:03	133	1:44	0.50	3:17	6:33	5	1:03	133	1:44
Lap 2	4.00	27:03	6:45	5	6:07	118	11:32	4.50	30:20	6:44	5	6:59	119	13:16
Last lap Finish	0.50	3:08	6:15	4	0:47	121	1:18	5.00	33:28	6:41	5	7:46	118	14:33