



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHILLING, Elias

Club: SV Empor Bad Langensalza Boxen
Number: 1185

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 35:39

Speed: 8.42 km/h
Running performance: 7:08 min/km

Rank in course/Total: 207 (of 232)

Rank in course/Men: 125 (of 136)

Best time in course: 18:55

Rank in category: 16(of 18)

Best time in the category: 18:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:32	5:03	9	0:59	57	0:59	0.50	2:32	5:03	9	0:59	57	0:59
Lap 2	4.00	29:59	7:29	16	14:28	128	14:28	4.50	32:31	7:13	16	15:27	127	15:27
Last lap Finish	0.50	3:08	6:15	16	1:17	121	1:18	5.00	35:39	7:07	16	16:44	125	16:44