



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

KÖRNER, Samuel

Club: SV Empor Bad Langensalza Boxen
Number: 1199

Course: 5.00 km
5 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 34:58

Speed: 8.58 km/h
Running performance: 6:59 min/km

Rank in course/Total: 200 (of 232)

Rank in course/Men: 123 (of 136)

Best time in course: 18:55

Rank in category: 22(of 25)

Best time in the category: 22:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:38	5:15	14	0:51	70	1:05	0.50	2:38	5:15	14	0:51	70	1:05
Lap 2	4.00	29:14	7:18	22	10:52	123	13:43	4.50	31:52	7:04	22	11:32	123	14:48
Last lap Finish	0.50	3:06	6:12	23	1:16	120	1:16	5.00	34:58	6:59	22	12:31	123	16:03