



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHLIWINSKI, Annemarie

Club: RFV Drei Tannen Zimmern e.V.
Number: 1094

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 36:06

Speed: 8.31 km/h
Running performance: 7:13 min/km

Rank in course/Total: 218 (of 232)

Rank in course/Women: 90 (of 96)

Best time in course: 20:57

Rank in category: 18(of 19)

Best time in the category: 24:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:59	5:58	13	0:56	60	1:14	0.50	2:59	5:58	13	0:56	60	1:14
Lap 2	4.00	30:07	7:31	16	9:51	90	12:58	4.50	33:06	7:21	17	10:34	90	14:09
Last lap Finish	0.50	3:00	6:00	13	0:54	66	1:00	5.00	36:06	7:13	18	11:28	90	15:09