



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Harder, Marlene

Club: Bad Langensalza
Number: 1231

Course: 5.00 km
5 km - Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 32:55

Speed: 9.11 km/h
Running performance: 6:35 min/km

Rank in course/Total: 182 (of 232)

Rank in course/Women: 66 (of 96)

Best time in course: 20:57

Rank in category: 13(of 13)

Best time in the category: 23:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:37	5:14	7	0:51	38	0:52	0.50	2:37	5:14	7	0:51	38	0:52
Lap 2	4.00	27:38	6:54	13	8:15	72	10:29	4.50	30:15	6:43	13	9:06	68	11:18
Last lap Finish	0.50	2:40	5:19	12	0:23	40	0:40	5.00	32:55	6:34	13	9:22	66	11:58