



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

SCHMIDT, Mike

Club: SV Creaton Großgotttern
Number: 169

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 54:17

Speed: 13.82 km/h
Running performance: 4:20 min/km

Rank in course/Total: 15 (of 267)

Rank in course/Men: 15 (of 196)

Best time in course: 41:37

Rank in category: 3(of 37)

Best time in the category: 45:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	1:44	3:28	3	0:11	14	0:15	0.50	1:44	3:28	3	0:11	14	0:15
Lap 2	9.00	36:04	4:00	3	5:27	16	8:16	9.50	37:48	3:58	3	5:38	14	8:31
Last lap Finish	3.00	16:29	5:29	5	2:45	32	4:09	12.50	54:17	4:20	3	8:23	15	12:40