



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

Matthieß, Mario

Club: Leo Bikes
Number: 206

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 56:42

Speed: 12.70 km/h
Running performance: 4:32 min/km

Rank in course/Total: 35 (of 267)

Rank in course/Men: 34 (of 196)

Best time in course: 41:37

Rank in category: 4(of 17)

Best time in the category: 53:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.50	2:05	4:10	4	0:12	36	0:36	0.50	2:05	4:10	4	0:12	36	0:36
Lap 2	9.00	38:20	4:15	5	2:47	37	10:32	9.50	40:25	4:15	5	2:59	37	11:08
Last lap Finish	3.00	16:17	5:25	4	0:39	28	3:57	12.50	56:42	4:32	4	3:07	34	15:05