



3Türmelauf
Bad Langensalza / 22.04.2018

Detailed evaluation

MENG, Jana

Club: Laufgruppe Treffurt
Number: 95

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 55:52

Speed: 13.42 km/h
Running performance: 4:28 min/km

Rank in course/Total: 27 (of 267)

Rank in course/Women: 1 (of 71)

Best time in course: 55:52

Rank in category: 1(of 7)

Best time in the category: 55:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.50	2:01	4:01	1	-	4	0:03	0.50	2:01	4:01	1	-	4	0:03
Lap 2	9.00	37:36	4:10	1	-	1	-	9.50	39:37	4:10	1	-	1	-
Last lap Finish	3.00	16:15	5:25	1	-	1	-	12.50	55:52	4:28	1	-	1	-